

2012 TRAINING DATES

PILATES EQUIPMENT DIPLOMA



<i>SPRING START</i>		
REFORMER	DATE	PRE-REQUISITE
Level 1	16 - 18 March	Matwork Diploma or Equivalent level 3 Qualification
Level 2	13 - 15 April	Reformer Level 1
STUDIO EQUIPMENT	DATE	PRE-REQUISITE
Cadillac	28 - 29 April	Reformer Level 1
Wunda Chair	12 May	Reformer Level 1
Spine Corrector	13 May	Reformer Level 1
SMALL EQUIPMENT	DATE	PRE-REQUISITE
Isotoner / Foam Roller	18 May	Matwork Diploma
Dyna Band / Mini Ball	19 May	Matwork Diploma
Pilates on the Ball	20 May	Matwork Diploma

<i>AUTUMN START</i>		
REFORMER	DATE	PRE-REQUISITE
Level 1	14 – 16 September	Matwork Diploma or Equivalent level 3 Qualification
Level 2	5 - 7 October	Reformer Level 1
STUDIO EQUIPMENT	DATE	PRE-REQUISITE
Cadillac	20 - 21 October	Reformer Level 1
Wunda Chair	10 November	Reformer Level 1
Spine Corrector	11 November	Reformer Level 1
SMALL EQUIPMENT	DATE	PRE-REQUISITE
Isotoner / Foam Roller	23 November	Matwork Diploma
Dyna Band / Mini Ball	24 November	Matwork Diploma
Pilates on the Ball	25 November	Matwork Diploma